

## Maintaining High Standards

Once again we are proud to present our annual water quality report. This report covers all testing performed between January 1, 2009, and December 31, 2009. The events of the past few years have presented many of us with challenges we could not have imagined. Yet in spite of this, we have maintained our high standards in an effort to continue delivering the best quality drinking water possible. There may be other hurdles in the future, but know that we will always stand behind you and the drinking water we work diligently to provide.

We encourage you to share your thoughts with us on the information contained in this report. Should you ever have any questions, we are always available to assist you.

## Important Health Information



Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have

undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or www.epa.gov/safewater/hotline/.

# **Questions?**

For more information about this report, or for any questions relating to your drinking water, please call Russ Handy, Utilities Superintendent, at (909) 799-4420.

## Where Does My Water Come From?

The City of Loma Linda's customers are fortunate because they enjoy an abundant ground water supply. We operate five wells: Richardson Wells 1, 3, and 4 and Mt. View Wells 3 and 5. All of the City's wells are located in the Bunker Hill Basin, a vast, natural underground water storage area referred to as an aquifer. The Bunker Hill Basin stretches from the San Bernardino Mountain Range to the south hills of Loma Linda. The water that replenishes the Bunker Hill Basin comes from annual rainfall and snowmelt from the San Bernardino Mountains. The wells are located in the north area of the City of Loma Linda.

Loma Linda also uses a supplemental supply of water from the City of San Bernardino Municipal Water Department. Both the City of Loma Linda and the City of San Bernardino Municipal Water Department fall under the same regulations for water set forth by the U.S. Environmental Protection Agency (U.S. EPA) and the State of California Department of Health Services (CDHS).

In June 2006, an arsenic removal facility was installed to treat water at our Mt. View #3 and Mt. View #5 wells. This was done to maintain compliance in response to the EPA's decision to lower the MCL (maximum contaminant level) from 50 ppb to 10 ppb.



# Should I Put a Brick in My Toilet Tank to Save Water?

Toilet flushing uses a lot of water: about 40 percent of a household's total water usage. Putting something in the toilet tank that takes up space, like a toilet dam or a water filled jug, is a good idea. But putting a brick in the tank is not a good idea; bricks tend to crumble and might damage your toilet.

### Community Participation

You are invited to participate in our public forum and voice your concerns about your drinking water. The City Council meets the second and fourth Tuesday of each month at 7:00 p.m. at the City of Loma Linda Council Chamber, 25541 Barton Road, Loma Linda, California.

## Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council, bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25 percent of bottled water is actually just bottled tap water (40 percent according to government estimates).

The Food and Drug Administration is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young children. Further, the FDA completely exempts bottled water that's packaged and sold within the same state, which accounts for about 70 percent of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 49 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you'd pay for bottled water.

For a detailed discussion on the NRDC study results, check out their Web site at www.nrdc. org/water/drinking/bw/exesum.asp.

#### Substances That Could Be in Water

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material and can pick up substances resulting from the presence of animals or from human activity.

In order to ensure that tap water is safe to drink, the U.S. Environmental Protection Agency (U.S. EPA) and the California Department of Public Health (Department) prescribe regulations that limit the amount of certain contaminants in water provided by public water systems. Department regulations also establish limits for contaminants in bottled water that must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk.

Contaminants that may be present in source water include:

**Microbial Contaminants**, such as viruses and bacteria, that may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife;

**Inorganic Contaminants**, such as salts and metals, that can be naturally occurring or can result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

**Pesticides and Herbicides**, that may come from a variety of sources, such as agriculture, urban stormwater runoff, and residential uses;

**Organic Chemical Contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and which can also come from gas stations, urban stormwater runoff, agricultural applications, and septic systems;

**Radioactive Contaminants**, that can be naturally occurring or can be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

#### What Are PPCPs?

When cleaning out your medicine cabinet, what do you do with your expired pills? Many people flush them down the toilet or toss them into the trash. Although this seems convenient, these actions could threaten our water supply.

Recent studies are generating a growing concern over pharmaceuticals and personal care products (PPCPs) entering water supplies. PPCPs include human and veterinary drugs (prescription or over-the-counter) and consumer products, such as cosmetics, fragrances, lotions, sunscreens, and house cleaning products. Over the past five years, the number of U.S. prescriptions increased 12 percent to a record 3.7 billion, while nonprescription drug purchases held steady around 3.3 billion. Many of these drugs and personal care products do not biodegrade and may persist in the environment for years.

The best and most cost-effective way to ensure safe water at the tap is to keep our source waters clean. Never flush unused medications down the toilet or sink. Instead, check to see if the pharmacy where you made your purchase accepts medications for disposal, or contact your local health department for information on proper disposal methods and drop-off locations. You can also go on the Web at www.Earth911.com to find more information about disposal locations in your area.

## How Long Can I Store Drinking Water?

The disinfectant in drinking water will eventually dissipate, even in a closed container. If that container housed bacteria prior to filling up with the tap water, the bacteria may continue to grow once the disinfectant has dissipated. Some experts believe that water could be stored up to six months before needing to be replaced. Refrigeration will help slow the bacterial growth.

#### Source Water Assessment

To find and protect against any potential contamination sources to our water supply, the City of Loma Linda completed a drinking water source assessment for each well. These assessments were completed as follows: Mountain View Well # 3, November 1999, Richardson Well #4, February 2000, Richardson Wells #1 and #3, November 2000, and Mountain View Well #5, February 2003.

The drinking water source assessment is the first step in the development of a complete drinking water source protection program. The assessment includes a delineation of the area around a drinking water source through which contaminants might move and reach that drinking water supply. In addition, it includes an inventory of activities that might lead to the release of microbiological or chemical contaminants within the delineated area. This enables us to determine whether the drinking water source might be vulnerable to contamination. All information obtained during the process is provided to California Department of Public Health for review.

A copy of the assessment can be obtained by contacting us during regular business hours.

## Lead and Drinking Water

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/safewater/lead.



## What's Your Water Footprint?

You may have some understanding about your carbon footprint, but how much do you know about your water footprint? The water footprint of an individual, community, or business is defined as the total volume of freshwater that is used to produce the goods and services that are consumed by the individual or community or produced by the business. For example, 11 gallons of water are needed to irrigate and wash the fruit in one half-gallon container of orange juice. Thirty-seven gallons of water are used to grow, produce, package, and ship the beans in that morning cup of coffee. Two hundred and sixty-four gallons of water are required to produce one quart of milk, and 4,200 gallons of water are required to produce two pounds of beef.

According to the U.S. EPA, the average American uses about 100 gallons of water daily. In fact, in the developed world, one flush of a toilet uses as much water as the average person in the developing world allocates for an entire day's cooking, washing, cleaning, and drinking. The annual American per capita water footprint is about 8,000 cubic feet; twice the global per capita average. With water use increasing six-fold in the past century, our demands for freshwater are rapidly outstripping what the planet can replenish.

To check out your own water footprint, go to www.h2oconserve.org, or visit www.waterfootprint.org to see how the water footprints of other nations compare.

# Sampling Results

During the past year we have taken hundreds of water samples in order to determine the presence of any radioactive, biological, inorganic, volatile organic, or synthetic organic contaminants. The table below shows only those contaminants that were detected in the water. Although all of the substances listed here are under the Maximum Contaminant Level (MCL), we feel it is important that you know exactly what was detected and how much of the substance was present in the water.

The state requires us to monitor for certain substances less than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

REGULATED SUBSTANCES								
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	PHG (MCLG) [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE	
Arsenic (ppb)	2009	10	0.004	3.4	ND-7.4	No	Erosion of natural deposits; runoff from orchards; glass and electronics production wastes	
Dibromochloropropane [DBCP] (ppt)	2009	200	1.7	1.9	ND-18	No	Banned nematocide that may still be present in soils due to runoff/leaching from former use on soybeans, cotton, vineyards, tomatoes, and tree fruit	
Fluoride (ppm)	2009	2.0	1	1.09	0.97–1.2	No	Erosion of natural deposits; water additive that promotes strong teeth; discharge from fertilizer and aluminum factories	
Gross Alpha Particle Activity (pCi/L)	2008	15	(0)	0.7	ND-4.2	No	Erosion of natural deposits	
Nitrate [as nitrate] (ppm)	2009	45	45	1.62	ND-4.1	No	Runoff and leaching from fertilizer use; leaching from septic tanks and sewage; erosion of natural deposits	
Nitrate + Nitrite [as nitrogen] (ppb)	2009	10,000	10,000	366	ND-920	No	Runoff and leaching from fertilizer use; leaching from septic tanks and sewage; erosion of natural deposits	
TTHMs [Total Trihalomethanes] (ppb)	2009	80	NA	0.5	ND-3.1	No	By-product of drinking water chlorination	
Trichloroethylene [TCE] (ppb)	2008	5	0.8	0.18	ND-0.88	No	Discharge from metal degreasing sites and other factories	
Uranium (pCi/L)	2007	20	0.43	0.66	ND-3.7	No	Erosion of natural deposits	

SECONDARY SUBSTANCES								
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	SMCL	PHG (MCLG)	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE	
Chloride (ppm)	2009	500	NS	17.54	8.7–28	No	Runoff/leaching from natural deposits; seawater influence	
Odor-Threshold (TON)	2009	3	NS	1	1–1	No	Naturally occurring organic materials	
Specific Conductance (µS/cm)	2009	1,600	NS	336	280–440	No	Substances that form ions when in water; seawater influence	
Sulfate (ppm)	2009	500	NS	29.6	21–41	No	Runoff/leaching from natural deposits; industrial wastes	
Total Dissolved Solids (ppm)	2009	1,000	NS	206	160-270	No	Runoff/leaching from natural deposits	

UNREGULATED AND OTHER SUBSTANCES								
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AMOUNT DETECTED	RANGE LOW-HIGH					
Bicarbonate (ppm)	2009	101.6	56–160					
Boron (ppm)	2009	0.2	ND-100					
Calcium (ppm)	2009	9.52	2.7–22					
Carbonate (ppm)	2009	13	ND-26					
Magnesium (ppm)	2009	0.26	ND-1.3					
pH (Units)	2009	8.2	7.48-9.2					
Potassium (ppm)	2009	4.74	ND-22					
Sodium (ppm)	2009	68	52–77					
Total Alkalinity (ppm)	2009	105.4	77–130					
Total Hardness (ppm)	2009	25.92	7.6–56					
Vanadium (ppb)	2009	72	14–130					

#### **Definitions**

**AL** (**Regulatory Action Level**): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements that a water system must follow.

**μS/cm (microsiemens per centimeter):** A unit expressing the amount of electrical conductivity of a solution.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. Primary MCLs are set as close to the PHGs (or MCLGs) as is economically and technologically feasible. Secondary MCLs (SMCLs) are set to protect the odor, taste, and appearance of drinking water.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs are set by the U.S. EPA.

**MRDL** (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

**MRDLG** (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable.

**ND** (Not detected): Indicates that the substance was not found by laboratory analysis.

NS: No standard.

pCi/L (picocuries per liter): A measure of radioactivity.

**PDWS (Primary Drinking Water Standard):** MCLs and MRDLs for contaminants that affect health along with their monitoring and reporting requirements, and water treatment requirements.

**PHG** (Public Health Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. PHGs are set by the California EPA.

**ppb** (parts per billion): One part substance per billion parts water (or micrograms per liter).

**ppm (parts per million):** One part substance per million parts water (or milligrams per liter).

**ppt** (parts per trillion): One part substance per trillion parts water (or nanograms per liter).

TON (Threshold Odor Number): A measure of odor in water.